



Welcome to Gilda's Club at Doylestown Hospital!

Gilda's Club provides support groups, workshops, creative activities and exercise classes for people living with any kind of cancer and their families and friends... FREE of charge! These programs are offered as a supplement to medical care. Our main clubhouse is located at 200 Kirk Rd. in Warminster, PA. Visit our Doylestown Hospital location on the first level near the Main Entrance!

Please register for all Doylestown program activities at 215-345-2022.

If you would like any information please call the main clubhouse 215-441-3290 or visit gildasclubdelval.org

Schedule for MARCH 2011

Wednesdays 10am – 2pm	Thursdays 10am – 2pm
<u>Wednesday, March 2nd</u> 10:00-11:00am New Member Meeting 11:00am-12noon Family and Friends Support Group 12:00-1:30pm Knitting with Helen	<u>Thursday, March 3rd</u> 10:00-11:00am New Member Meeting 11:00am-2:00pm Just Drop By! Meet members, have coffee, use the resource room, and art studio space available!
<u>Wednesday, March 9th</u> 10:00-11:00am New Member Meeting 12:00-2:00pm "Manifesting Possibilities" monthly workshop facilitated by Loretta DeGenova, M.Ed, M.A. Regardless of age or circumstance, learn ways to creatively uncover your unexpressed talents, dreams and possibilities... and increase your sense of spiritual connection.	<u>Thursday, March 10th</u> 10:00-11:00am New Member Meeting: Learn About Gilda's Club and Become a Member 11:00am-2:00pm Just Drop By! Meet members, have coffee, use the resource room, and art studio space available!
<u>Wednesday, March 16th</u> 10:00-11:00am New Member Meeting 11:00-12noon Cancer Transitions: Life After Cancer Support Group... Getting Back to "Normal" 1:00-2:00pm Laughter Group: Have some fun, get silly, and learn the benefits of humor in your cancer journey	<u>Thursday, March 17th</u> 10:00-11:00am New Member Meeting: Learn About Gilda's Club and Become a Member 12:00-2:00pm Just Drop By! Meet members, have coffee, use the resource room, and art studio space available!
<u>Wednesday, March 23rd</u> 10:30-12noon Yoga 1:00-2:00pm New Member Meeting	<u>Thursday, March 24th</u> 10:00-11:00am New Member Meeting 11:00am-12:30pm Charcoal Drawing... no experience required, beginners welcome! 1:00-2:00pm Just Drop By! Meet members, have coffee, use the resource room, and art studio space available!
<u>Wednesday, March 30th</u> 10:00-11:00am New Member Meeting 11:00-12:00pm Wellness Group 12:00-2:00pm "Art for the Soul" Explore creative self expression through various art media. No artistic talent required!	<u>Thursday, March 31st</u> 10:00-11:00am New Member Meeting 11:00am-12:30pm Charcoal Drawing... no experience required, beginners welcome! 1:00-2:00pm Just Drop By! Meet members, have coffee, use the resource room, and art studio space available!