

November 2011 - Check out our programs highlighted in red! Descriptions can be found on the calendar insert. For satellites, check their separate calendars.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>1 Living with Cancer Support Group 2:00-4:00pm Reiki 6:00-8:00pm Brain Cancer Networking 6:30-8:00pm</p>	<p>2 Tai-Chi ~ 1:00-2:00pm Circle of Friends ~ 2:00-3:00pm Become a Member 5:00-6:00pm Yoga ~ 6:30-7:30pm Young Survival Coalition 6:30-8:00pm Living with Loss ~ 6:30-8:00pm <i>Doylestown Hospital</i> Become a Member 10:00-11:00am Family & Friends Support Group 11:00-12:00pm Knitting with Helen 12:00-1:30pm</p>	<p>3 Guided Meditation w/ Kathy Stock ~ 10:30-11:30am Pilates w/ Jackie Au 12:30-1:15pm Become a Member 5:00-6:00pm Family & Friends Support Group 6:30-8:00pm <i>Doylestown Hospital</i> Decorative Serving Utensils Workshop (Bring an old serving spoon or knife!) 12:00-2:00pm</p>	4	5
<p>7 10:00-11:00am Pilates 11:15-12:15pm Healthy Eating Support Group <i>St. Mary Medical Center</i> Become a Member 10:00-2:00pm Healing The Body From Within 11:00-12:00pm Ask the Nurse: Managing Chemo & Radiation 1:00-2:00pm <i>Abington Hospital</i> Chair Yoga~10:00-11:00am Become a Member 11:30-12:30pm Gynecological Cancer Support Group ~ 12:30-1:30pm</p>	<p>8 Living with Cancer Support Group 2:00-4:00pm Ovarian Cancer Networking 6:30-8:00pm Stray Cat Blues: An Amazing Organization 6:30-8:00pm</p>	<p>9 Tai-Chi ~ 1:00-2:00pm Circle of Friends ~ 2:00-3:00pm Turkey Bingo! 5:00-8:00pm <i>Doylestown Hospital</i> Become a Member 10:00-11:00am Family & Friends Support Group 11:00-12:00pm Frankly Speaking about Cancer Treatment & Side Effects 12:00-1:00pm</p>	<p>10 Become a Member 5:00-6:00pm Family & Friends Support Group 6:30-8:00pm Lecture: You Can't Believe What Womens Can Do (Yes that spelling is correct!) 6:30-8:00pm <i>Doylestown Hospital</i> Become a Member 10:00-11:00am Finding Your Inner Strength 12:00-2:00pm</p>	11 Closed For Veterans' Day	<p>12 A Day of Learning for Vets, Their Families and Friends @ Aria Health In Bucks County 8:30am-12:30pm  Afternoon Luncheon and Cooking Demonstration Sponsored by SODEXO 11:30-1:00pm</p>
<p>14 10:00-11:00am Pilates 11:15-12:15pm Healthy Eating Support Group <i>St. Mary Medical Center</i> Become a Member 4:00-5:00pm My Spouse Has Cancer Support Group ~ 6:30-7:30pm Man to Man Prostate Cancer Support and Education Group ~ 7:00-8:00pm <i>Abington Hospital</i> Chair Yoga~10:00-11:00am Become a Member 11:30-12:30pm Get Crafty! We're Making Paper Wreaths ~ 12:30-1:30pm</p>	<p>15 Jay's Afternoon Movie: 11:00-1:00pm Living with Cancer Support Group ~ 2:00-4:00pm Blood Cancer Networking 6:30-8:00pm Dinner & A Lecture - Palliative Care: What is it? 6:30-8:00pm</p>	<p>16 Tai-Chi ~ 1:00-2:00pm Connect Workshop: Living with T-Cell Lymphoma ~ 1:30-2:30 Circle of Friends ~ 2:00-3:00pm Become a Member 5:00-6:00pm Women Sharing Wisdom 6:00-7:30pm Yoga ~ 6:30-7:30pm Living with Loss ~ 6:30-8:00pm <i>Doylestown Hospital</i> Make Your Own Wellness Journal ~ 10:00-11:30am Frankly Speaking about Colorectal Cancer Lunch 'n Learn (Lunch Provided!) 12:00-1:30pm</p>	<p>17 Pilates w/ Jackie Au 12:30-1:15pm Belly Dance for Beginners w/ Lisa Raezer ~ 3:15-4:15pm Become a Member ~ 5 -6:00pm Reiki ~ 6:00-8:00pm Family & Friends Support Group 6:30-8:00pm Living the Vegan Life 6:30-8:00pm <i>Doylestown Hospital</i> Become a Member 10:00-11:00am Finding Your Inner Strength 12:00-2:00pm Living w/ Cancer Support Group ~ 1:00-2:00pm</p>	18	<p>19 Sunday, November 20th Quilting 11:00am-3:00pm</p>
<p>21 10:00-11:00am Pilates 11:15-12:15pm Healthy Eating Support Group <i>St. Mary Medical Center</i> Become a Member 10:00-11:00am Lung Cancer Support Group 11:00-12:00pm Yoga ~ 12:30-1:00pm Journaling ~ 1:00-2:00pm <i>Abington Hospital</i> Chair Yoga~10:00-11:00am Become a Member 11:30-12:30pm Gynecological Cancer Support Group ~ 12:30-1:30pm</p>	<p>22 Living with Cancer Support Group 2:00-4:00pm Breast Cancer Networking 6:30-8:00pm Movie Night & Discussion: Crazy, Sexy Cancer 6:00-8:00pm</p>	23 Closed	<p>24 Closed</p>	25 November 23rd-25th For The Thanksgiving Holiday	26
<p>28 10:00-11:00am Pilates 11:15-12:15pm Healthy Eating Support Group <i>St. Mary Medical Center</i> Become a Member 4:00-5:00pm Breast Cancer Support Group w/ Speaker Christine Ballantine:Myths and Facts about Sugar~6:00-7:30pm <i>Abington Hospital</i> Chair Yoga~10:00-11:00am Become a Member 11:30-12:30pm Guided Meditation w/ Nicole 12:30-1:30pm</p>	<p>29 Holistic Health: Complex Carbs 10:30am-12:00pm Knitting with Helen 1:00-2:30pm Living with Cancer Support Group 2:00-4:00pm Potluck & Trivia Night! 6:30-8:00pm</p>	<p>30 Tai-Chi ~ 1:00-2:00pm Member & Volunteer Coffee Klatch/Circle of Friends 2:00-3:00pm Become a Member 5:00-6:00pm Yoga ~ 6:30-7:30pm Living with Loss~6:30-8:00pm Birds, Butterflies & Flowers from Around the World 6:30-8:00pm <i>Doylestown Hospital</i> Become a Member 10:00-10:30am Guided Meditation w/ Kathy Stock ~ 10:30-11:30am Holistic Health: Carbs ~ 12-1pm</p>			