


January 2012- Check out our programs highlighted in red! Descriptions can be found on the calendar insert. For satellites, check their separate calendars.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>2</p> <p>Gilda's Club Closed until Tuesday, January 3rd for the Holidays</p>	<p>3</p> <p>Living with Cancer Support Group 2:00-4:00pm</p> <p>Reiki 6:00-8:00pm</p> <p>Brain Cancer Networking 6:30-8:00pm</p>	<p>4</p> <p>Pilates w/ Jackie Au 12:00-1:00</p> <p>Tai-Chi ~ 1:00-2:00pm</p> <p>Circle of Friends ~ 2:00-3:00pm</p> <p>Become a Member 5:00-6:00pm</p> <p>Yoga ~ 6:30-7:30pm</p> <p>Living with Loss ~ 6:30-8:00pm</p> <p>.....</p> <p><i>Doylestown Hospital</i> Colorectal Cancer Networking Group ~ 10:00-11:00am Chair Yoga ~ 11:30-12:30pm Knitting w/ Helen 12:30-2:00pm</p>	<p>5</p> <p>Guided Meditation w/ Kathy Stock ~ 10:30-11:30am</p> <p>Become a Member 5:00-6:00pm</p> <p>Family & Friends Networking Group 6:30-8:00pm</p> <p>.....</p> <p><i>Doylestown Hospital</i> Breast Cancer Networking Group 10:00-11:00am Journal for Well-Being 12:30-2:00pm</p>	<p>6</p> <p>Club-house Closed</p>	<p>7</p> <p><i>January is Cervical Cancer Awareness Month</i></p>
<p>9</p> <p>10:00-11:00am Pilates 11:15-12:15pm Healthy Eating Support Group</p> <p>.....</p> <p><i>St. Mary Medical Center</i> Become a Member 4:00-5:00pm</p> <p>My Spouse has Cancer Support Group ~ 6:30-7:30pm</p> <p>Prostate Cancer Support Group 7:00-8:00pm</p> <p>.....</p> <p><i>Abington Hospital</i> Chair Yoga ~ 10:00-11:00am</p> <p>Become a Member 11:30-12:30pm</p> <p>Guided Meditation 12:30-1:30pm</p>	<p>10</p> <p>Connect Workshop - Where we listen in on the phone to oncology experts: Progress in the Treatment of Thyroid Cancer 1:30-2:30pm</p> <p>Living with Cancer Support Group 2:00-4:00pm</p> <p>Ovarian Cancer Networking 6:30-8:00pm</p> <p>Understanding HER2+ Breast Cancer 6:30-8:00pm</p>	<p>11</p> <p>Tai-Chi ~ 1:00-2:00pm</p> <p>Circle of Friends ~ 2:00-3:00pm</p> <p>Become a Member 5:00-6:00pm</p> <p>Yoga ~ 6:30-7:30pm</p> <p>Young Survival Coalition 6:30-8:00pm</p> <p>Living with Loss ~ 6:30-8:00pm</p> <p>.....</p> <p><i>Doylestown Hospital</i> Become a Member 10:00-11:00am</p> <p>Chair Yoga 11:30-12:30pm</p> <p>Reiki 12:30-2:00pm</p>	<p>12</p> <p>Become a Member 5:00-6:00pm</p> <p>Family & Friends Networking Group 6:30-8:00pm</p> <p>"Be Naked" Nutrition: The Importance of Juicing 6:30-8:00pm</p> <p>.....</p> <p><i>Doylestown Hospital</i> "Wrap Session" -Learn to use Headscarves 10:30-11:30am</p> <p>Finding your Inner Strength w/ Loretta Degenova 12:00-2:00pm</p>	<p>13</p>	<p>14</p> <p>Sunday, January 15th Quilting "Let's Put It Together"</p> <p>Talk to Bunny For Details</p>
<p>16</p> <p>Clubhouse Closed for Martin Luther King Day</p> <p>.....</p> <p><i>St. Mary Medical Center</i> Become a Member 10:00-11:00am</p> <p>Living w/ Cancer Support Group 11:00-12:30pm</p> <p>Yoga ~ 12:30-1:00pm</p> <p>Journaling ~ 1:00-2:00pm</p> <p>.....</p> <p><i>Abington Hospital</i> Closed for Martin Luther King Day</p>	<p>17</p> <p>Jay's Afternoon Movie: Nanny McPhee 11:00-1:00pm</p> <p>"Be Naked" Nutrition: Enjoying Winter Veggies 2:00-3:00pm</p> <p>Living with Cancer Support Group 2:00-4:00pm</p> <p>Blood Cancer Networking 6:30-8:00pm</p> <p>Dinner & a Lecture: Using NCN Guidelines for Treatment of Breast and Ovarian Cancer 6:30-8:00pm</p>	<p>18</p> <p>Tai-Chi ~ 1:00-2:00pm</p> <p>Circle of Friends ~ 2:00-3:00pm</p> <p>Become a Member 5:00-6:00pm</p> <p>Women Sharing Wisdom 6:00-7:30pm</p> <p>Yoga ~ 6:30-7:30pm</p> <p>Living with Loss ~ 6:30-8:00pm</p> <p>.....</p> <p><i>Doylestown Hospital</i> Breast Cancer Networking Lecture: Genetic Testing & Clinical Trials 10:00-11:30am</p> <p>Chair Yoga 11:30-12:30pm</p>	<p>19</p> <p>Belly Dance for Beginners w/ Lisa Raezer ~ 3:15-4:15pm</p> <p>Become a Member 5:00-6:00pm</p> <p>Reiki ~ 6:00-8:00pm</p> <p>Family & Friends Networking Group 6:30-8:00pm</p> <p>Workshop: Achieve a New Outlook on Life ~ 6:30-8:00pm</p> <p>.....</p> <p><i>Doylestown Hospital</i> Become a Member 10:00-11:00am</p> <p>Beaded Jewelry Workshop 12:00-2:00pm</p>	<p>20</p>	<p>21</p> <p>The Marshall Saturday Morning Men's Breakfast 8:00-10:00am Our speaker is Glen Miller - Staff Sergeant and LRRP Team Leader Sponsored by the  Tom McDermitt Fund Become a Member 10:00-11:00am</p> <p>Afternoon Luncheon and Cooking Demonstration Sponsored by SODEXO 11:30-1:00pm</p>
<p>23</p> <p>10:00-11:00am Pilates 11:15-12:15pm Healthy Eating Support Group</p> <p>.....</p> <p><i>St. Mary Medical Center</i> Become a Member 10:00-11:00am</p> <p>Lung Cancer Support Group 11:00-12:30pm</p> <p>Getting Crafty! 12:30-2:00pm</p> <p>.....</p> <p><i>Abington Hospital</i> Chair Yoga ~ 10:00-11:00am</p> <p>Become a Member ~ 11:30-12:30pm</p> <p>Guided Meditation 12:30-1:30pm</p>	<p>24</p> <p>Living with Cancer Support Group ~ 2:00-4:00pm</p> <p>Breast Cancer Networking 6:30-8:00pm</p>	<p>25</p> <p>Tai-Chi ~ 1:00-2:00pm</p> <p>Members' & Volunteers' Coffee Klatch/Circle of Friends 2:00-3:00pm</p> <p>Become a Member 5:00-6:00pm</p> <p>Yoga ~ 6:30-7:30pm</p> <p>Living with Loss ~ 6:30-8:00pm</p> <p>.....</p> <p><i>Doylestown Hospital</i> Become a Member 10:00-11:00am</p> <p>Chair Yoga 11:30-12:30pm</p> <p>Reiki 12:30-2:00pm</p>	<p>26</p> <p>Become a Member 5:00-6:00pm</p> <p>Volunteer Training 6:00-7:30pm</p> <p>Buddy Training ~ 7:30-8:00pm</p> <p>Family & Friends Networking Group 6:30-8:00pm</p> <p>.....</p> <p><i>Doylestown Hospital</i> Become a Member 10:00-11:00am</p> <p>Finding Your Inner Strength w/ Loretta Degenova 12:00-2:00pm</p>	<p>27</p>	<p>28</p>
<p>30</p> <p>10:00-11:00am Pilates 11:15-12:15pm Healthy Eating Support Group</p> <p>.....</p> <p><i>St. Mary Medical Center</i> Become a Member 4:00-5:00pm</p> <p>Breast Cancer Support Group: Creating a Space of Beauty & Balance: All About Feng Shui 6:00-7:30pm</p> <p>.....</p> <p><i>Abington Hospital</i> Chair Yoga ~ 10:00-11:00am</p> <p>Become a Member ~ 11:30-12:30pm</p> <p>Gynecological Cancer Support Group ~ 12:30-1:30pm</p>	<p>31</p> <p>Holistic Health: Do We Need Milk? 10:30am-12:00pm</p> <p>Knitting w/ Helen 1:00-2:30pm</p> <p>Living with Cancer Support Group ~ 2:00-4:00pm</p>				